

World Autism Month

Speech Therapy Strategies

1 Participate In Play

Encourage the child to take turns during play activities. You can engage in pretend play such as restaurant or grocery store and take on different roles. You can also have them engage in matching games and encourage use of a variety of vocabulary such as colors, number, or animals.

2 Sensory Activities

Children with Autism often love engaging in a variety of sensory activities. You can have them swing, jump, or run in order to provide gross motor sensory input. You can also have them engage in using sensory bins, play doh, or finger painting. Provide a variety of different textures and activities.

3 Use Daily Routine

Help the child complete tasks within their daily routine. Have them put on or pick out their own clothes, brush their teeth, or get their lunch ready.

4 Use Visuals

Children with Autism respond well to pictures and it can provide assistance in learning language. Use their speech generating device to visually support them throughout activities. You can program vocabulary that they will use throughout therapy sessions and their daily routines.

5 Be Animated

Use a variety of sounds, gestures, and facial expressions to engage them. Using animal noises or toys that have lights and sounds can increase engagement in what you are saying and doing.