

# May Core Word Activity Sheet



Use this fun activity sheet to teach AAC users how to incorporate “help” into important daily conversations.



## REQUEST

**Prompt the AAC user to use their device during an activity that usually requires help.**

Example: If the AAC user usually requires help brushing their teeth, model using the AAC device to ask for help during this period. If the AAC user cannot open a toy alone, offer to let them try opening the toy, prompting them to use their AAC device to ask for “help.”



## COMMENT

**Model using the word “help” by commenting on helpful people or things you encounter. Encourage and prompt the AAC user to comment on helpful things too.**

Examples: “This guide is really helpful”, “this shopping cart helps me hold my items”, “this weather is helping my mood.”



## RESPOND

**Ask questions that require more than a “yes” or “no” answer, such as:**

“Do you want to ride your bike?”

If the AAC user requires help riding a bike, you can prompt their response of “yes”, and “help.”



## SOCIAL PLAY

**A simple and fun activity that can be modified to include kids of all abilities: take a clean bedsheet and play modified “parachute”, where players hold ends of the bedsheet and move it up and down, trying not to let the balls inside fall out. Prompt the players to say “HELP” if the ball falls out.**