

# Grocery Shopping AAC Adventure

## OBJECTIVE

Foster communication through engaging in a grocery shopping activity, emphasizing decision-making, expressing needs, and social interaction using AAC devices. This activity transforms each step into an opportunity for meaningful AAC use, encouraging contextual language use and reinforcing AAC's real-world application. It's a fun, family-oriented way to build independence and confidence in AAC interactions.

## BEFORE ENTERING THE STORE

### Communication Opportunity

Planning what to buy.

### Communication Temptation

Use the AAC device to discuss and choose items needed from the grocery list.  
"Let's pick our fruits. Which ones should we get?"

## SELECTING ITEMS

### Communication Opportunity

Choosing specific items and quantities.

### Communication Temptation

If an item is out of reach or hard to find, prompt the child to use their AAC device to ask for help. Model phrases like "Can you help us find...?" or "I need help with..."



## AT THE CHECKOUT

### Communication Opportunity

Interact with the cashier and complete the purchase.

### Communication Temptation

Encourage the child to greet the cashier, say “please” and “thank you,” and use AAC to respond to the cashier’s questions like, “Did you find everything okay?”

## PACKING AND LEAVING

### Communication Opportunity

Deciding on bagging preferences and saying goodbye.

### Communication Temptation

Use AAC to make choices about bagging (“We prefer plastic/bags, please”) and to practice polite farewells. “Thank you, goodbye!”

## RECEIVING THE ORDER

### Communication Opportunity

Checking the order and expressing gratitude.

### Communication Temptation

Encourage the child to check the bag once handed over and use the AAC device to say “thank you” or ask for missing items. Prompt with, “Let’s see if our order is correct. What do we say?”