

Expressive Horizons: AAC Happiness Project

This activity is designed to empower each child to express what happiness means to them. The key is to ensure that every child knows their voice matters. This activity isn't just about creating a board; it's about validating feelings, dreams, and expressions of joy, regardless of their real-life feasibility. Encourage children to share anything that makes them happy—imaginary pets, dream vacations, or favorite activities.

✓ Introduce the Concept

Explain that a vision board is a collection of images, words, and items representing what makes us happy. We have provided you with a worksheet to guide questions and gather insights for this personal project.

✓ Guide, Don't Direct

Your role is to assist, not to decide. Let each child lead their project, using their AAC device to communicate their choices.

✓ Facilitate Expression

Assist in finding or creating images that match their descriptions. Offer help with cutting, pasting, or drawing as directed by the child.

✓ Set the Stage

Provide materials like magazines, stickers, printouts, and drawing tools. Ensure AAC devices are ready for communication.

✓ Encourage Exploration

Remind them there are no limits to their imagination. If a child mentions loving a dog they don't have, include it! It's their happy vision.

✓ Reflect and Share

Once completed, allow each child to share their vision board and describe why they chose each item using their AAC device.



This activity fosters creativity, self-expression, and communication skills, emphasizing that what makes them happy is valid and important. Let's create a supportive environment where every child's happiness is celebrated and heard.

What Makes Me Happy?

Student Name: _____

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Favorite Things

What is your favorite:

Color	
Food	
Animal	
Place	
Activity	
Toy	

People and Pets

What makes you happy?

Family Member	
Friend	
Teacher	
Pet	
Character	

Activities That Make You Smile

What activities do you love doing?

Playing Outside	
Watching TV/Movies	
Video Games	
Playing with Toys	
Drawing or Coloring	
Music	

Happy Places

Where do you feel happiest?

At Home	
At School	
In Nature (park,beach)	
At a friend's or relative's house:	
Amusement Park	