AAC Video Modeling Resource

Video modeling is a clear and straightforward teaching tool that shows how to perform skills or behaviors using video demonstrations, much like a visual "how-to" guide.

This is helpful for people who use AAC because they can see exactly how to use their communication tools. The repeated viewing option allows for practice until these new skills are mastered.

Video modeling is versatile, allowing customization for individual needs and a range of applications—from smoothing out transitions to enhancing social interactions and language use.

To use video modeling, select a behavior or skill to focus on, then create and use a video that showcases the behavior successfully. It's a dynamic way to support learning, providing a visual supplement to traditional teaching methods.

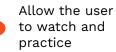
Video Modeling Do's and Don'ts



Identify the target behavior

Record a video demonstrating the target skill

Use video as a teaching tool



Example of an AAC Activity Using Video Modeling

Helping Hand Request Strategy

Objective: Teach AAC users how to effectively communicate their needs using their AAC device, such as requesting help or a break.

Setup: Record a video modeling the use of specific phrases or symbols on the AAC device to request assistance or a break. Highlight different scenarios in which requesting help or a break might be necessary.

Activity:

- 🤣 Watch the video with the AAC user, pausing to note important steps or phrases.
- Role-play various scenarios where the AAC user might need to request assistance or a break, allowing them to use their device to communicate their needs.
- Provide positive feedback to reinforce their efforts and adjustments as needed.

妹 Where Can Video Modeling Be Beneficial 🔸

Social Skills

Initiating conversations Maintaining conversations Understanding and using non-verbal cues Making eye contact Sharing and taking turns Understanding personal space

Communication Skills

Requesting help or attention Saying 'please' and 'thank you.' Expressing needs and wants Commenting on objects or events

Vocational Skills

Completing job-related tasks Interacting with coworkers Following a work schedule Handling job interview

Emotional Regulation and Understanding

Identifying and expressing emotions Coping strategies for frustration or anxiety Calming techniques (deep breathing, counting) Recognizing and responding to others' emotions

Safety Skills

Crossing the street safely Understanding 'stranger danger' Following safety signs and symbols Using emergency contacts

Self-Advocacy Skills

Asking for accommodations Expressing disagreement or refusal Navigating social services and supports