

talkwithtoys

EASY, ENGAGING, EFFECTIVE
SPEECH THERAPY

the
speech
scoop.

AbleNet[®]

SPEAK Up Workshop

Expanding your developmental lens to the whole child by considering fine & gross motor skills to plan developmentally appropriate sessions and activities that naturally support communication.

[VIEW PRESENTATION](#)

Presenters

Kelli Meyer, M.Ed, CCC-SLP and Julie Barry, M.A. CCC-SLP

- [Talk with Toys](#)
- [The Speech Scoop](#)

A New Mindset: Considerations for the Whole Child

- **Positioning**
- **Placement**
- **Engagement**
- **Senses** (touch, smell, voice/whisper, input)

[Foundational Language Skills](#)



Imitation Hierarchy



Milestones and Development Stages

0-3 Month Milestones

Speech-Language (ASHA)

- Alerts to sounds
- Coos and makes sounds like "oooo", "aahh", and "mmmmm"

- Recognizes loved ones and common objects

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Turns head from side to side when lying on stomach
- Lifts head briefly during tummy time
- Begins to bear weight on legs when held upright

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Reaching for and grasping objects
- Uses a raking grasp to pick up small objects
- Transfers objects from one hand to the other

3-6 Month Milestones

Speech-Language (ASHA)

- Giggles and laughs
- Responds to facial expressions
- Vocalizes during play or with objects in mouth

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Reaches toward dangling objects
- Holds and shakes a rattle
- May start rolling back to tummy or tummy to back

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Reaching and grasping objects
- Uses a raking grasp
- Transfers objects between hands

6-9 Month Milestones

Speech-Language (ASHA)

- Looks at you when you call their name
- Babbles long strings of sounds
- Recognizes names of some people and objects

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Rolls over in both directions
- Can sit on their own or with support
- May start to crawl or pull up to a standing position

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Reaches for objects with either hand
- Uses a pincer grasp to pick up small objects
- Transfers objects between hands

9-12 Month Milestones

Speech-Language (ASHA)

- Points, waves, and shows objects
- Imitates gestures and sounds
- Says one or two words like "mama" and "dada"

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Pulls up to stand while holding onto furniture
- Begins to take steps when body is supported
- Makes controlled transitions from sitting to lying on belly

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Becomes more successful at picking up small objects
- Reaches to obtain objects with one hand
- Begins to munch on soft foods which easily dissolve in mouth

12-18 Month Milestones

Speech-Language (ASHA)

- Looks around when asked "where" questions
- Follows simple directions
- Uses gestures like clapping or giving a high-five

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Can imitate standing on one foot
- Throws a ball forward
- Walks up and down steps with support

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Isolates one finger to point at objects
- Uses both hands cooperatively
- Turns pages of a book and feeds self with a spoon

19-24 Month Milestones

Speech-Language (ASHA)

- Uses and understands at least 50 words
- Puts two or more words together
- Uses words like "me," "mine," and "you"

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me, 123 Just Play with Me)

- Kicks ball with force
- Climbs on/off furniture
- Throws ball into large box or bucket

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Places tiny objects into small container
- Imitates vertical strokes and circular scribble on paper
- Turns knobs and opens doors

25-36 Month Milestones

Speech-Language (ASHA)

- Uses word combinations
- Says their name when asked
- Uses some plural words and –ing verbs

Gross Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Can stand on one foot
- Walks backwards
- Hops on one foot

Fine Motor (Nicole M. Sergent MPT, 123 Just Play with Me)

- Stacks six blocks into a tower
- Copies horizontal lines and a cross
- Can cut along a line on paper

Key Points

- **Movement in Therapy**
- : Emphasizes the brain's prioritization of movement for processing and development.
- **Milestones**
- : Detailed developmental milestones for speech, language, gross motor, and fine motor skills at various ages.
- **Communication**

- : Importance of using real words, gestures, and signs to foster language development.

Notes

If there are concerns regarding a child's gross motor movements (i.e. toe-walking, sitting or crawling), the professional you would refer to would be:

A child's brain prioritizes movement during developmental periods

Evidence-based techniques to support speech and language development are the same for all age groups.

Effective toy placement can encourage movement, interaction, sensory exploration, and fine motor skills in children.

An infant typically begins to pull to stand and cruise along furniture around **9-12** months of age

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Thank You!

Connect with us on social media!

- **Julie Barry, M.A. CCC-SLP**
- **Kelli Meyer, M.Ed, CCC-SLP**

