

When you need to flip the teaching:

Coaching parents to understand and use innovative, practical strategies for meeting the needs of their children while learning

from home.

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Parent perspectives in a normal world

Is it ever really normal?

- Uncover what is really going on with the parents (Taylor's view)
 - Fear
 - Denial
 - Overwhelmed by IDEA
 - Not sure who to trust
 - Other? Weigh in here...
- Information builds bridges



Parent perspectives on students and school

The big swing

- Fix my child denial not enough information chaos in the home
- I have my rights! advocates access to tools for the sake of the tool
- No parenting skills and no reason to work on them (CPS gets called)
- "They are either litigious or terrified (or both), and they really just want me to fix their kid. They won't accept that this [autism] their new normal."



Parent perspectives in a virtual world

- Multiple students at home
- Multiple disabilities
- English on the first language Not understanding computer terms in English
- Working parents time
- Access to technology
- Frustration with the technology
- In-person activities can't be accomplished hand over hand - speech with a mask on



Idea #1: SETT

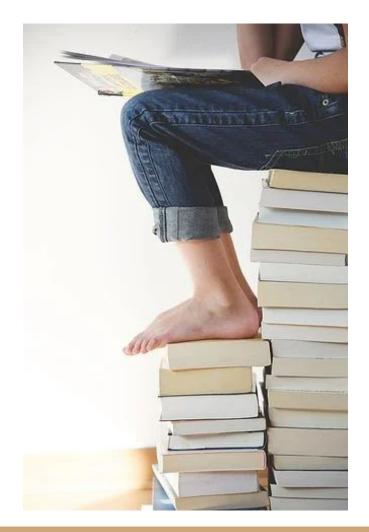
- It's *supposed* to be a team approach (eeek)
- <u>SETT framework</u>
- <u>SETT website</u> which includes <u>Dr Joy</u> <u>Zabala's</u> presentation on the SETT.
 - Student
 - Environment
 - Task
 - Tool
- Research-based, tested, and effective
- Create a SETT approach with your parents



SETT 1: Student

Consider the student - both as the child and as a learner

- 1. Areas of challenge
- 2. Areas of strength
- 3. Learning preferences



SETT 2: Environment

Consider the environment

- 1. Home?
- 2. Hybrid?
- 3. F2F at school?
- 4. Is there a designated place for learning?
- 5. Is it organized/
- 6. What tools are currently being used to help reach goals?



Designated place to learn

Not this

THIS!





SETT 3: Tasks

Consider goals - noted on the IEP and other goals

- 1. Academic, social-emotional, behavioral, organizational?
- 2. Preferred activities?
- 3. Areas of strength?
- 4. Tools currently used to help achieve growth on goals?
- 5. Other tools to consider?



SETT 4: Tools

Consider what tools are currently being used and those that should be considered.

- 1. Low tech
- 2. Mid tech
- 3. High tech

Remember that what works today or this minute might not work again...



Idea #2: Help them set a daily schedule

Ms. Olson's Distance Learning Schedule Week of 8/24/20-8/28/20 Meeting ID: 896 5264 8182, Password: 860001

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:10-9:45	Class Meeting	Class Meeting	Class Meeting	Class Meeting	Class Meeting
9:45-10:15	Group A	Group A	C.W Assessment	Group A	Group A
10:30-11:00	Group B	Group B	A.M Assessment	Group B	Group B
11:00-12:00	Lunch at Lime street	Lunch at Lime street	Lunch at Lime street	Lunch at Lime street	Lunch at Lime street
12:00-12:30	Group C	Group C	D.R Assessment	Group C	Group C
12:30-1:00	Group D	Group D	Z.E Assessment	Group D	Group D
1:00-1:30	Group E	Group E	EL Assessment	Group E	Group E
1:30-1:50	J. Voldez 1:1 instruction	J. Voldez 11 instruction	J. Voldez 11 instruction	J. Voldez 11 instruction	J. Valdez 1:1 instruction
2:00-3:30	Student and Parent Support	Student and Parent Support	Collab with Team	Student and Parent Support	Student and Parent Support

Idea #2: Help them set a daily learning schedule

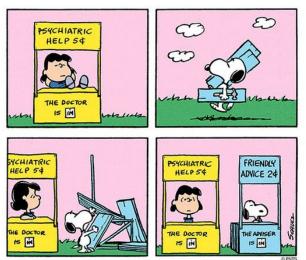
Ms. Olson's Offline Assignments for Week 8/24/20-8/28/20

	Montay	Tuesday	Wednesday	Thursday	Friday
Reading	Read a story with your family. No response needed.	Read a story with your family. No response needed.	Read a story with your family. Response to the read aloud on Seesaw.	Read a story with your family. No response needed.	Read a story with your family No response needed.
Writing	Practice writing	Practice writing	Practice writing	Practice writing	Practice writing
	your name	your name	your name	your name	your nome
	Practice writing	Practice writing	Practice writing	Practice writing	Practice writing
	your uppercase	your uppercase	your uppercase	your uppercase	your uppercase
	and lowercase	and lowercase	and lowercase	and lowercase	and lowercase
	letters.	letters.	letters.	letters.	letters.
Math	Counting	Counting	Counting	Counting	Counting
	Collections	Collections	Collections	Collections	Collections
	Count to 100	Count to 100	Count to 100	Count to 100	Count to 100
Drawing	Draw a picture	Draw a picture	Draw a picture	Draw a picture	Draw a picture
	about	about	about	about	about
	something that	something that	something that	something that	something that
	you smell.	you can taste.	you hear.	you see.	you touch.

Idea #3

Schedule in *Parent Therapy and Training* times during the week

- Discuss emerging issues
- Show a new tool or resource
- Celebrate small victories
- Troubleshoot





Idea #4: Different ages, different disabilities, different needs

- Mod/severe TK are learning how to learn
 - They are capable of learning encourage parents not to do it all for them!
 - The littles get exhausted take brain breaks
- Older students
 - Cut down to the work that is essential
 - Make it a game!
 - Create activities for non-preferred tasks using preferred mediums



Offer help. Help parents learn **how to ask for help**.

GREAT help is out there!







More help!

Self-regulation resources for parents, educators, and leaders







More resources!

Social emotional learning support Self-contained SpEd & Distance Education



And now - what's your plan?

- 1. Talk about the challenges of online
- 2. Create a team approach
- 3. Set a schedule
- 4. Set times for Parent Therapy and Training
- 5. Create a sense of balance and reality
- 6. Provide resources one at a time



Questions?

Thanks for coming!

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Resources

When you need to flip the teaching: Coaching parents to understand and use innovative, practical strategies for meeting the needs of their children while learning from home.

- 1. <u>Massive Google spreadsheet of resources for educators</u>
- 2. <u>SETT Framework Weebly</u>
- 3. SETT documents
- 4. Dr Joy Zabala's presentation on the SETT process
- 5. <u>SEL facebook group</u>
- 6. 4 important parenting lessons for life in lockdown
- 7. Grit Growth mindset Grace
- 8. <u>Self regulation help for parents</u>
- 9. <u>Self regulation help for educators</u>
- 10. Self regulation help for leaders
- 11.6 strategies to increase parent engagement in social emotional learning
- 12. <u>Self contained SpEd & distance education facebook group</u>
- 13. Social emotional learning templates from Pear Deck