

Teaching Emotions Using A.T.



Tips to Remember:

Expand Emotional Vocabulary: Add more emotion words to AAC, like frustration or loneliness, not just basic ones. Everyone needs a full word bank to learn a language.

Teach Emotions in Real-Time: When a child shows emotion, name it, like saying 'frustrated' when upset. Repeat for them to learn.

Model Emotions Daily: Use emotion words all day to describe your feelings and others', helping kids understand and use them.

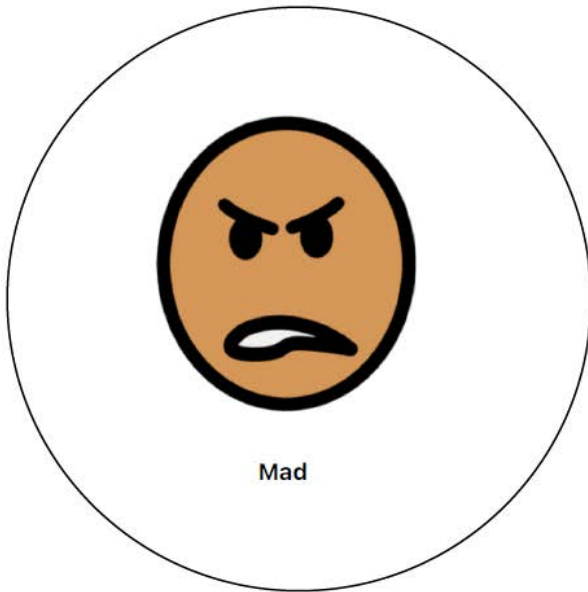
Activities for Teaching Emotions Using A.T:

Emotion of the Day: Use a BIGmack to record the "Emotion of the Day" each morning. Encourage children to express or act out how that emotion feels to them.

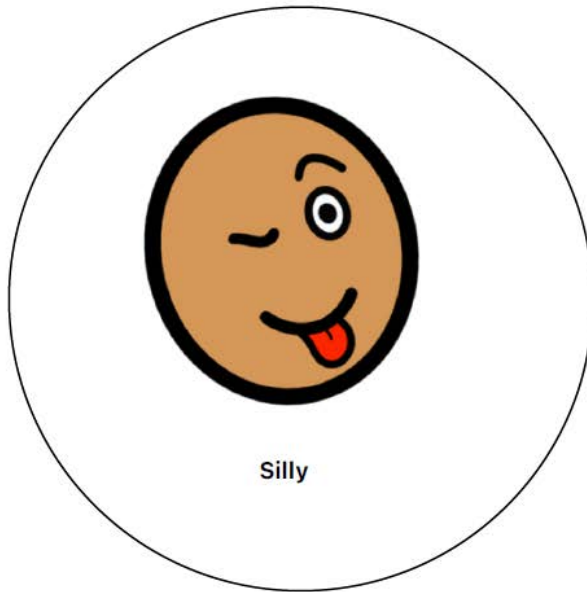
Sing-Along Emotions: Record songs that express different emotions on the Step by Step. Have children listen to the song and then use the device to choose the emotion the song represents.

Emotion Stories: Record short, simple stories on the Step by Step that clearly express emotions. After listening, ask the children to use the BIGmack to choose from a selection of emotions to match the story's mood.

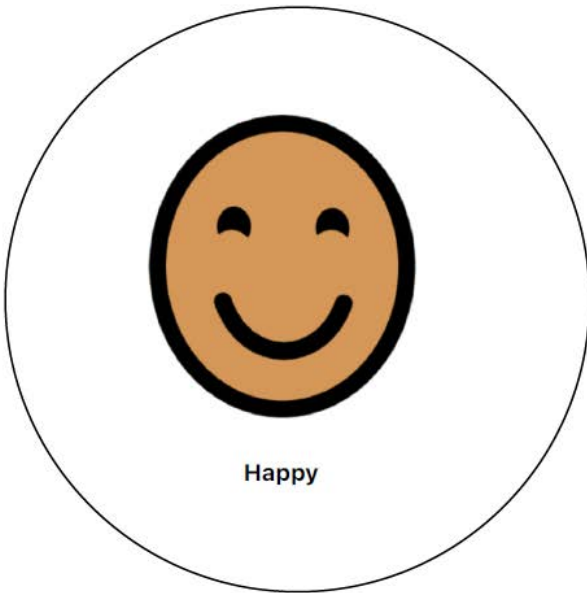
Feeling Finder: Hide pictures of different emotions around the room. As children find them, they can use the BIGmack to say the emotion out loud, promoting vocalization and association.



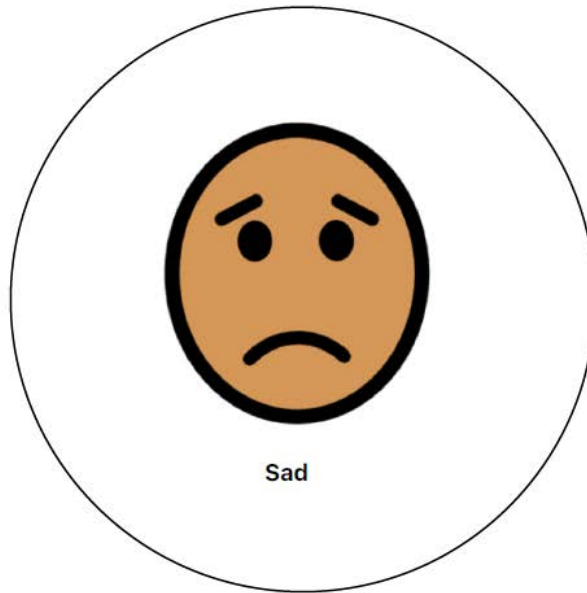
Mad



Silly



Happy



Sad



Excited



Worried

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